

Ankle-Brachial Index test

This test is a quick, noninvasive way to check your risk of peripheral artery disease (PAD). Peripheral artery disease is a condition in which the arteries in your legs are narrowed or blocked, which could lead to a high risk of heart attack, stroke, poor circulation and leg pain.

The test is done by measuring blood pressure at the ankle and in the arm while a person is at rest.

There are generally no risks associated with this test and no preparation necessary.