

Event Monitors- Bardy DX

Patient Education

Event monitors are small devices that are used by patients over a 7 to 14 day period of time to record abnormal heart rhythms. One sticky patch is applied to the center of the chest. The monitor is always on but will only store the patient's rhythm strip if it is abnormal or when the patient pushes the record button. The event monitor then records the information and stores it directly on the device. All of the necessary equipment to operate the event recorder for the 7 to 14 day period, including the diary and sticky patch, will come with the device. When you are finished with the device please seal the box it came in and drop it in any US Post Office Box to be mailed back to the event monitoring company. Please **do not** bring it back to C.A.I. After the 7 to 14 day monitoring period all recorded event strips are downloaded onto a website for the physician to review.

If you have any questions regarding the event recorder or if you are having any technical issues with the monitoring equipment please **contact the event monitoring company first**. If your concern is not resolved in a timely manner or to your satisfaction, please feel free to contact a Cardiovascular Technician at C.A.I. for further assistance. A booklet with more detailed instructions regarding your specific event monitor is included with the device for your convenience.