

### Getting to Know CAI Founder Himanshu H. Shukla, M.D.

- Post doctoral training in electrophysiology at University of Oklahoma, Oklahoma City, world leader in treating heart rhythm disorders, participating in an Advanced Fellowship in Interventional Cardiac Electrophysiology
- Acquired post-doctoral training at the University of Missouri-Columbia, Fellowship in Cardiovascular Medicine
- Residency for internal medicine at Columbia University College of Physicians and Surgeons' St. Luke's-Roosevelt Hospital Center, New York

### Journal Review Boards

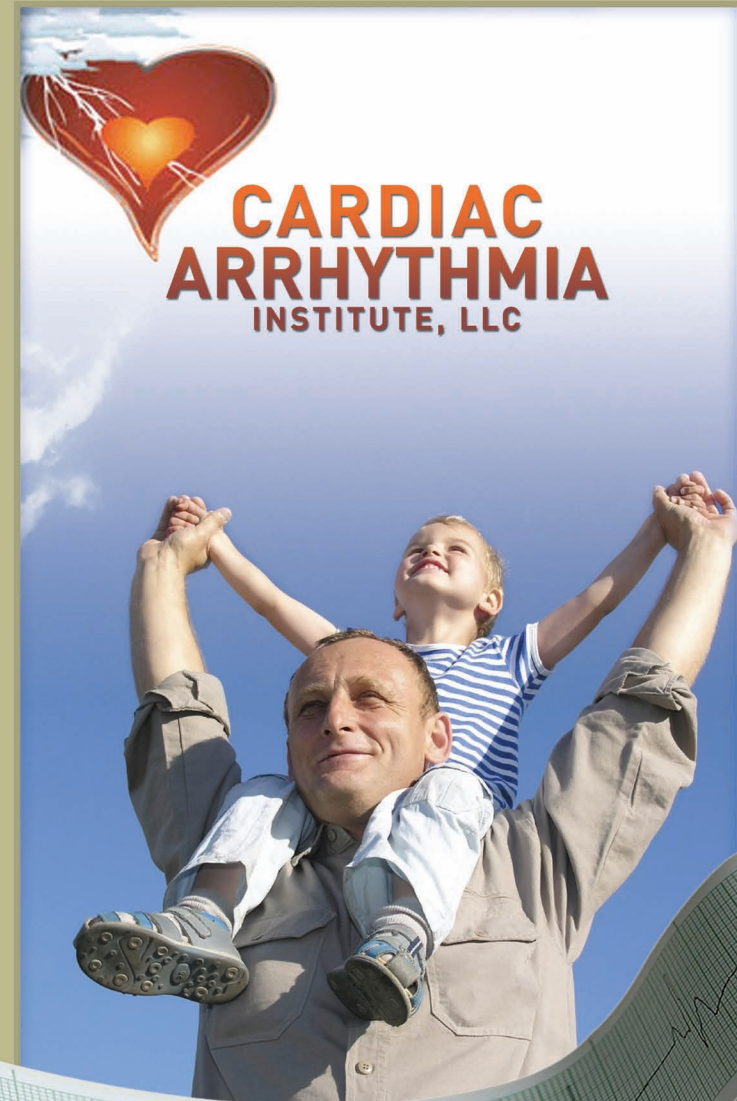
- Cardiovascular Research, the journal of the European Society of Cardiology; and Heart Rhythm Journal, the official journal of the Heart Rhythm Society



### CAI Foundation...

#### Making a Difference in the Community

The CAI Foundation is dedicated to providing education on heart arrhythmia and the prevention of Sudden Cardiac Death (SCD). Since 2004, 18 people have died on school grounds in Maricopa County, deaths related to heart rhythm disorders which are often the cause of SCD. As a result, the CAI conducts a campaign to contribute Automated External Defibrillators (AEDs) to schools and other public venues, in conjunction with Desert AED and the SHARE program of the Arizona Department of Health Services. To date, donations are valued at approximately \$80,000. The goal: allow CPR, EMS and other medical professionals to respond and save lives. One of the CAI-donated AEDs recently was used at an elementary school in Arizona to revive an active 8-year-old boy who was later treated and is alive today.



### Published

- Heart Rhythm Journal; Journal of Interventional Cardiac Electrophysiology (JICE); Cardiovascular Research; and PACE, the official journal of the International Cardiac Pacing and Electrophysiology Society



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**Cardiac Arrhythmia Institute & Atrial Fibrillation Treatment Center** was founded on a patient-centered philosophy. We work with your cardiologist and other referring physicians to achieve optimum care. What's more, the mission of Cardiac Arrhythmia Institute is to serve as a community resource and education center for patients and physicians alike.

## Cardiac Arrhythmia Institute & Atrial Fibrillation Treatment Center

Founded and led by cardiologist and electrophysiologist Dr. Himanshu H. Shukla, CAI provides heart care customized to the individual and clinical treatment of heart rhythm disorders. The practice takes a comprehensive view of heart health largely because of the intricate nature of the cardiac specialty of electrophysiology. Electrophysiology focuses on the electrical impulses of the heart or "heart rhythm." Challenges to heart rhythm can be a mystery to the layperson. However, they are treatable and also curable, a little known fact that many are surprised to learn.

### Affiliated Hospitals

- Banner Desert Medical Center
- Casa Grande Regional Medical Center
- Chandler Regional Hospital
- Mercy Gilbert Medical Center
- Mountain Vista Medical Center
- Scottsdale Healthcare
- St. Joseph's Hospital & Medical Center

### The CAI Team.

Dr. Shukla and Practice Administrator Lisa A. Feddersen, B.S.N., have overseen literally hundreds of procedures with patients from throughout the world. For years, both practiced alongside heart rhythm pioneer, Dr. Warren "Sonny" Jackman of the University of Oklahoma, a recognized leader in the field of cardiac electrophysiology. Both are leaders in the field in their own right and are recognized instructors to medical colleagues throughout the country.

What's more, Dr. Shukla also is Medical Director of the Atrial Fibrillation Clinic at St. Joseph's Hospital and Medical Center, and serves as cardiac electrophysiologist treating heart rhythm disorders at several metro area medical centers. Residents of the Valley of the Sun are fortunate to have the CAI nearby to access the latest medical knowledge and technology to assist them with heart rhythm challenges.

- **Himanshu H. Shukla, M.D., CAI Founder & Cardiac Electrophysiologist.** Dr. Shukla is frequently published, teaches fellow physicians throughout the country on heart rhythm intervention methods and consults on the use and development of defibrillators, pacemakers and devices to regulate the heart.
- **Lisa A. Feddersen, B.S.N., R.N., CAI Practice Administrator.** Ms. Feddersen has overseen national research projects, trains fellow nurses, and conducts patient seminars on drug and device therapy for heart rhythm challenges.

### CAI & Women's Cardiovascular Care

#### *Your Heart & You... Right Now, A Woman's View*

Heart disease among women has escalated dramatically in the last two decades and the CAI team, among its cardiologist specialists, holds special interest in targeting heart-related symptoms in its female patients. Through the leadership of Dr. Tung, the practice takes aim at women's heart health and is dedicated to ongoing care, treatment and education through the women's educational forum series *Your Heart & You... Right Now, A Woman's View* as part of the CAI educational partnership to tackle this growing challenge in women's health.

### Education Forums & Patient Support Groups for Therapies, Devices & Atrial Fibrillation

Cardiac Arrhythmia Institute is dedicated to educating the community and holds seminars and patient forums on treatment options with information on pacemakers, defibrillators and heart failure devices. Spouse and caregivers are welcome.

